

CESKA BESEDA

Beseda is danced by four couples forming a unit. When in the home position the couples are in a square facing the center; the girls on the right hand side of the boys. The couple which is facing the band is the first couple, to their right is number two couple etc.

Introduction:

Couples in home position. Girl on right side of boy. Hands on hips.

Bow to partner.

Bow to corner.

Bow to center.

Join hands and form a circle, face center.

1. SOUSEDKA

Sousedka a is danced as a slow waltz, i.e. step forward with the right foot, bring your left foot forward, standing on the toes and then bring your heels down. Slide to the right twice raising joined hands while sliding. Girls step and turn so to face their partner, they then raise joined hands and the girls turn and step back to the perimeter of the circle, facing the center. All join hands and repeat above 2 times. Slide to right twice, girl steps and turns to face partner, steps to circle facing out with back to center. (Girls stay in home position and boys move around the circle.)

(Boys in home position face center of circle, while girls are turned with backs to center. Each girl holds the right hand of her dancing partner with her right hand, while she holds the left hand of the neighboring dancer with her left.) All kick to the right, then left, to the right and to the left and right. Left hands on hips while partners raise connected right hands – boys twirl partner twice around to original place.

2. REZANKA (Bridge)

Odd Couples (1 and 3)

Girl stands in front of boy joining & crossing hands they polka to the back moving in front of the next even couple, i.e., first couple in front of the second, third in front of the fourth. Here, the girl lets her left hand go while still holding her boy with her right hand and turns to face the even couple.

The even couples step moderately apart and raise joined hands to form bridge. The odd couple's polka in between them (under the bridge) the odd girl twirls under her partner's arm. They let each other go, and dance with polka steps, the odd girl to right around the girl, the boy to left around the boy, and place

themselves on the outside in line with even couples. The four dancers in a row join hands and lift them to the shoulder level. The end couples have hands on hips. Both lines of dancers move forward with four polka steps, bow and move backwards, each four join in a small circle with even regular steps, turn to the left. Boys face the center of the circle, the girls with backs toward the center of the circle. Couples the join hands by crossing them.

Couples move backwards passing each other on the right side of the boys. Cross over behind the other couple. Return to original place with boy moving backwards. This time passing the opposite couple on the girl's right.

Skipping slowly, first right, then left, then three fast right, left, right, skips. Couples twirl back to place holding right hands.

3. KOMINIK

Couples face the center of the circle with hands on hips.

Boys from even couples waltz to the odd couples the fourth boy in front of the first couple, the second boy in front of the third couple. The three join hands and with a sliding movement to the right turn in a circle till the girl has her back to the center of the circle facing between the two boys.

Boys raise joined hands forming a "gate"; the girl then goes under the "gate" and turns to face the center of the circle. Boys stand kicking right, left, right, left, away from each other and then to each other. Each boy then goes to his own partner, taking her hand and twirls her into home position using four slow waltz steps.

4. FURIANT

The boys polka along the outside of the circle forward and clapping hands while the girls go forward in front of their dancing partners turning around, to the opposite side of the circle. Dancers then waltz as couples facing each other along the perimeter of the circle to the places where they started from.

5. OBKROCAK

The odd couples start. They join the inside hands at the shoulder level. The outside hands are put on the hips. The even couples stand in their original positions with hands on hips.

A strutting polka step to the right to the side, then a strutting polka step to the left to the side. Two plain steps forward and on the last step the boy and girl turn so that they face each other and join the other hands (not crossing them), two steps in place. A strutting polka step is made away from the center and one made toward the center. They let hands go placing hands on hips turn away from each other, using four steps, ending up facing the center of the circle in the original position. All the couples join hands and form a circle. All make a mild turn to the left

starting with the left foot and polka the perimeter of the circle halfway around- then couples turn and polka to the right back to original places.

Couples turn to face each other and join right hands giving left hands to next dancer in front, then right hand, etc. (grand right and left half way around circle). Partners then meet. The boy stands still, holding girls right hand; girl steps and turns to stand on boy's right in promenade position. All dance to home position, using heel and toe polka, starting with right foot.

6

REJDOVAK

All couples face each other and join their hands crossed. Even couples move toward the right with waltz step beginning with the right foot and then the left with the girl moving backwards. When the odd couples reach the center of the circle even with the even couples all make two rows facing each other-boy keeps holding his partner's right hand while giving his left to the opposite person. Four kicking steps of slow waltz time in place, making lines move in opposite direction. Couples release hands. The odd couples waltz around in place while even couples dance back to original position from one end of circle to another.

HULAN

Couples face the center of the circle with hands on hips. Girls make two polka steps forward to center of the circle, curtsy, and then make two polka steps backwards while boys stand in place. Boys then make a polka step forward with a complete turn to the right so that they find themselves in front of their girls, with their backs toward the center. Boys join hands and form a small circle inside still standing with their backs toward the center of the circle. They move with four steps to their right and stop in front of the opposite girl, letting their hands go and placing them on their hips both boys and girls make four alternate waltz steps first to the right and then the left. Couples dance in place one time. Dancers stop with their hips toward the center and hands outstretched pointing toward the center of the circle.

KALAMAJKA

All make a polka step to the side toward the center of the circle, all dancers shout Heh!, then all move away from the center, then couples dance one fourth of the circle on the perimeter with four polka steps and stop in the same position as before with hands outstretched pointing toward the center. Repeat Kalamajka once.

Hulan and Kalamajka is repeated until everyone is back in original position.

SOUSEDKA (STAR)

Dancers step into position for next section.

Boys and girls of each couple standing next to each other with boy's left hand toward the center forming a cross in the center. Girls hold boys right hands with their left hands. Girls right hand on hip. Make four waltz steps forward around a fourth of the circle moving joined hands forwards and backwards. Couples start with their outside foot while turning away from each other. Waltzing a fourth of the circle the (boys) then turn and give their right hand to the left hand of the girl from the couple behind him. The boy then twirls his new partner using slow steps, bringing her forward even with him. Again a cross is formed. The waltzing movement is repeated and the changing of partners continues till the boy meets original partner.

FURIANT (As on page 1)

KUZELKA

(The whole dance is danced with mild trotting steps)

Couples stand on the perimeter of the circle, facing the center. The girl from the first couple twirls linking her right elbow with the right elbow of the third (opposite) boy. In the center of the circle she twirls linking her left elbow with the left elbow of her own partner. The girl then stays in the center of the circle turning around in one spot while all the boys join hands and make a circle around her first to the left then to the right (the girl twirls in opposite direction of the boys). The boys then go back to original positions.

The girl from the first couple skips to the second couple, joining hands with them and dances around with them half of the circle, let's go, and runs under the joined hands of the second couple, toward the third couple. The first girl continues to go from couple to couple till she reaches her partner and twirls with him. Solo girl turns to her right coming out of the circle. (After the single girl leaves each couple, that couple then twirls each other with linked elbows beginning with right elbows then left, then right until single girl reaches her partner).

All join hands and skip to the left moving along the perimeter of the circle, halfway around they reverse then go back to original places.

Girl and boy join hands with girls on the outside of the circle. Dancers make four waltzing steps forward turning away from each other for a fourth of the circle, then boys twirl girls for a fourth of the circle; then they waltz a fourth of the way and then boys twirl girls back into original positions.

CLOSING

After couples reach original positions partners face each other, letting their hands go and putting their hands on hips.

Stomp your foot – left, right, left.

Clap hands three times.

Threaten each other three times – first with right pointer and then with left pointer.

They turn around to left.

Jump, shout, Heh! Face center, hands on hips.